

Coping with Exam Anxiety

Support & Advice for Young People

Feeling the pressure of exams? You're not alone! ISPCC Childline is offering free, friendly webinars to help young people better understand and manage their exam anxiety.

Join our Clinical Lead, Bree O'Neill, to get practical tips, helpful advice, and the tools you need to tackle stress together. Register now to help make this exam season a little easier!

Date: *Thu, May 08*
Time: *7:00PM - 7:30PM*
Venue: *Online event*

Register Now!

FREE

ISPCC

